



TRIP ITINERARY

# Millstone Valley and Palisades: New Jersey Scenic Byways



These Scenic Byways are among eight statewide, where you can experience New Jersey’s authentic heart and soul—local communities promising open-air adventure, fascinating wildlife, historical treasures and endless natural beauty. **Wind your way through the Millstone Valley and Palisades Scenic Byways, and reveal lush riverscapes, picture-perfect villages and clifftop New York City skyline views, guided by our sample itinerary below. For full details, stops and directions, please visit [NJScenicByways.com](http://NJScenicByways.com).**

DAY 1



Rockingham State Historic Site, Kingston

## Get Away in Kingston and Rocky Hill

Trace the 25-mile [Millstone Valley Scenic Byway](#), also a National Scenic Byway, one of the most significant routes in the U.S. Originally home to the Lenni-Lenape people, this area’s centuries-long history is still evident in its villages, sites and architecture.

From Kingston, follow the Millstone River and [Delaware and Raritan Canal State Park](#) corridor, pausing for pics and tours at [locks and bridgetender houses](#).

Choose from lots of outdoor possibilities—hiking, kayaking, cycling, birding, horseback riding and more.

Scout [Rockingham State Historic Site](#), General George Washington’s final wartime headquarters. Toast to liberty with burgers and craft beer at [Rocky Hill Inn](#), a gastropub made famous on the Food Network’s *Diners, Drive-Ins and Dives* (try the mac and cheese!).

## DAY 2



Blackwells Mills Canal House, Franklin Township

## Visit Griggstown, Franklin Township, Millstone and East Millstone

Gear up at **Griggstown Canoe and Kayak Rental**, and paddle the calm canal. Back on land, pick up goodies at **Griggstown Farm** market, like fruit pies, vegetarian pot pies and meats including sought-after “Griggstown Chicken.”

Drift to the quaint **Blackwells Mills Canal House** and garden, built in the 1830s for generations of bridgetenders who opened the swing

bridge for passing boats. Nearby, **Six Mile Run Reservoir Site** offers a 3,037-acre oasis with trails traversing forests and streams.

More history-infused stops: the 1752 **Franklin Inn** and **East Millstone Bridgetender’s Home** (East Millstone) and **Hillsborough Reformed Church** and **Old Millstone Forge** blacksmith shop and museum (Millstone).

## DAY 3



Ross Dock Picnic Area, Fort Lee

## Scale Fort Lee, Englewood Cliffs, Tenafly and Alpine

Cruise the **Palisades Scenic Byway**, another National Scenic Byway, comprised of 10.6 miles on **Palisades Interstate Parkway** and 8.5 miles on **Henry Hudson Drive**. Along wild Hudson River shoreline, woodlands and cliffs, facing Manhattan, access 2,500 acres of **Palisades Interstate Park**, with 30+ miles of trails, plus boating, fishing and crabbing.

From **Fort Lee**, grab **Roast’d Coffee** or **Möge Tee**, then catch skyline and George Washington Bridge

views at **Ross Dock Picnic Area** or **Fort Lee Historic Park**, an American Revolution site.

Explore **Bloomer’s Beach** (Englewood Cliffs) or **Tenafly Nature Center**. Lunch at **Café Angelique** or **Tenafly Classic Diner**.

In Alpine, visit the **Kearney House** living-history museum and then **State Line Lookout**, atop Palisades Cliffs’ 520-foot high point, boasting stunning views and hawk watching.

## There’s Even More to See and Do

Extend your stay and add these on:

### Take Time to Experience It All

Cozy up in your preferred accommodations, and enjoy these destinations in leisurely style. Linger over meals at deliciously diverse restaurants, such as **Osteria Procaccini** (Italian – Kingston), **Menya Sandaime** and **T-Swirl Crepe** (Japanese – Fort Lee) and **Veda** (Indian – Tenafly).

Shopping is eclectic, too, ranging from a taste of Amish Country food and handmade goods at the huge **Pennsylvania Dutch Farmers Market** (Kingston) to uber-trendy boutiques like **Blancsom** (Fort Lee) and **SeeSaw** (Fort Lee and Tenafly).



**Free Publications:** 1.800.VISITNJ  
**Visitor Inquiries:** 609.599.6540  
**Groups Contact & Tour Planning:** 609.292.4239

## Get Info

**Full Details, Stops and Directions for All New Jersey Scenic Byways:**  
NJScenicByways.com

**Access More NJ Scenic Byways Itineraries:**  
VisitNJ.org/Scenic-Byways

**Travel & Tourism Resources:**  
VisitNJ.org

## Explore NJ

Year-round, New Jersey offers an exciting array of attractions, outdoor adventures, accommodations, cuisine and events, all within easy access to New York City and Philadelphia. Visitors enjoy 130 miles of Atlantic Ocean coastline, state and national parks, American Revolution sites, rich arts and culture and 0% sales tax on clothing and footwear—and that’s just the beginning!

